

NATIONAL WEEKLY INFLUENZA BULLETIN OF THE RUSSIAN FEDERATION

week 40 of 2025 (29.09.25 - 05.10.25)

Summary.

Influenza and ARI incidence data. Influenza and other ARI activity in Russia decreased in comparison with previous week. The nationwide ILI and ARI morbidity level (67.9 per 10 000 of population) was lower than national baseline (82.9) by 18.1%.

Etiology of ILI & ARI. Among 7507 patients investigation, 15 (0.2%) respiratory samples were positive for influenza, including 8 cases of unsubtype influenza A in 4 cities, 1 case of influenza A(H1N1)pdm09 in 1 city, 5 cases of influenza A(H3N2) in 3 cities and 1 case of influenza B in 1 city.

1 influenza virus A(H3N2) was isolated on MDCK cell culture in Saint-Petersburg NIC. Since the beginning of the season 1 influenza virus A(H3N2) was isolated.

Antigenic characterization. Since the beginning of the season 1 influenza A(H1N1)pdm09 has been antigenically characterized by the NICs. Virus was similar to the reference strain A/Victoria/4897/22 recommended in the vaccines for the Northern Hemisphere countries for the 2025-2026 season.

ARVI detections. The overall proportion of respiratory samples tested positive for other ARVI (PIV, ADV, RSV, RhV, CoV, MPV, BoV) was estimated in total as 19.2% (PCR).

In sentinel surveillance system clinical samples from 22 SARI patients were investigated by rRT-PCR for influenza, among them no positive cases were recognized. Among 22 SARI patients no positive cases of coronavirus SARS-CoV-2 were recognized. Among 22 SARI samples 5 (22.7%) cases of RhV were detected.

Among from 36 ILI/ARI patients no positive cases of influenza were recognized. Among 36 ILI/ARI samples 3 (8.3%) cases of RhV infection were detected. Among 36 ILI/ARI patients no positive cases of coronavirus SARS-CoV-2 were recognized.

COVID-19. The Federal Operational Headquarters for Combating the Novel Coronavirus Infection has discontinued the publication of weekly COVID-19 morbidity reports starting from epidemiological week 12.2025. This decision is due to the stabilization of the epidemiological situation regarding COVID-19 and the transition of the virus to the category of seasonal respiratory infections.

According to the data obtained by NIC in Saint-Petersburg totally 9901 clinical samples were PCR investigated in last week. Among them coronavirus SARS-CoV-2 was detected in 384 (3.9%) cases.

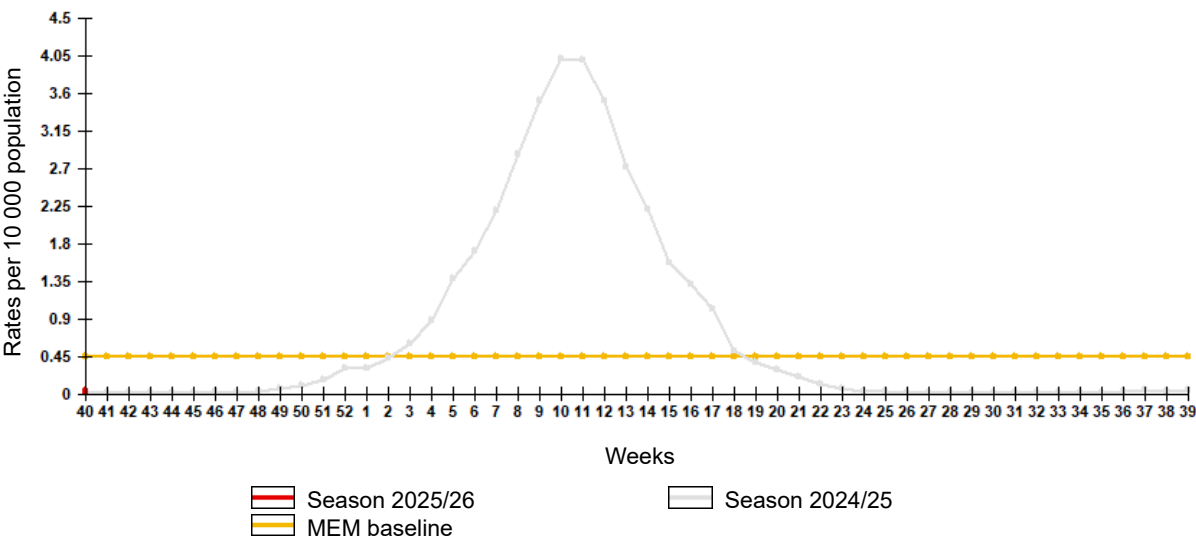
Influenza and ARI morbidity data

Fig. 1. Influenza and ARI morbidity in 61 cities under surveillance in Russia, seasons 2024/25 and 2025/26



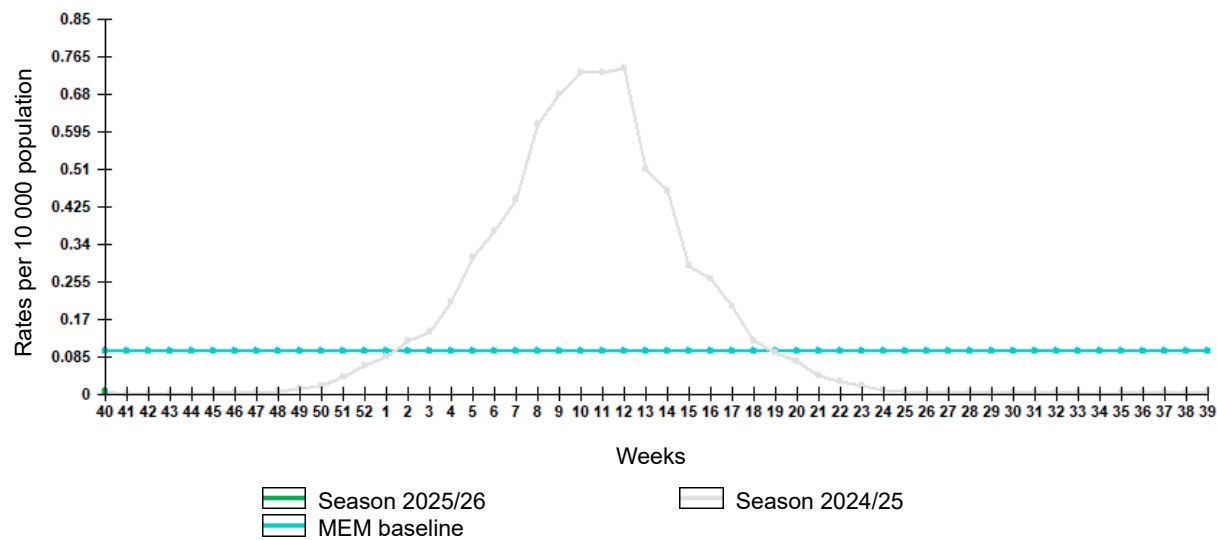
Epidemiological data showed decreased of influenza and other ARI activity in Russia in comparison with previous week. The nationwide ILI and ARI morbidity level (67.9 per 10 000 of population) was lower than national baseline (82.9) by 18.1%.

Fig. 2. Comparative data on incidence rate of clinically diagnosed influenza, seasons 2024/25 and 2025/26



Incidence rate of clinically diagnosed influenza decreased comparing to previous week and amounted to 0.042 per 10 000 of population, it was lower than pre-epidemic MEM baseline (0.45).

Fig. 3. Comparison of hospitalization rate with clinical diagnosis of influenza, seasons 2024/25 and 2025/26



Hospitalization rate of clinically diagnosed influenza decreased comparing to previous week and amounted to 0.0051 per 10 000 of population, it was lower than pre-epidemic MEM baseline (0.099).

Influenza and ARVI laboratory testing results

Cumulative results of influenza laboratory diagnosis by rRT-PCR were submitted by 44 RBLs and two WHO NICs. According to these data as a result of 7507 patients investigation 15 (0.2%) respiratory samples were positive for influenza, including 8 cases of untyped influenza A in 4 cities, 1 case of influenza A(H1N1)pdm09 in 1 city, 5 cases of influenza A(H3N2) in 3 cities and 1 case of influenza B in 1 city.

1 influenza virus A(H3N2) was isolated on MDCK cell culture in Saint-Petersburg. Since the beginning of the season 1 influenza virus A(H3N2) was isolated.

Antigenic characterization. Since the beginning of the season 1 influenza A(H1N1)pdm09 has been antigenically characterized by the NICs. Virus was similar to the reference strain A/Victoria/4897/22 recommended in the vaccines for the Northern Hemisphere countries for the 2025-2026 season.

Fig. 4. Geographic distribution of RT-PCR detected influenza viruses in cities under surveillance in Russia, week 40 of 2025

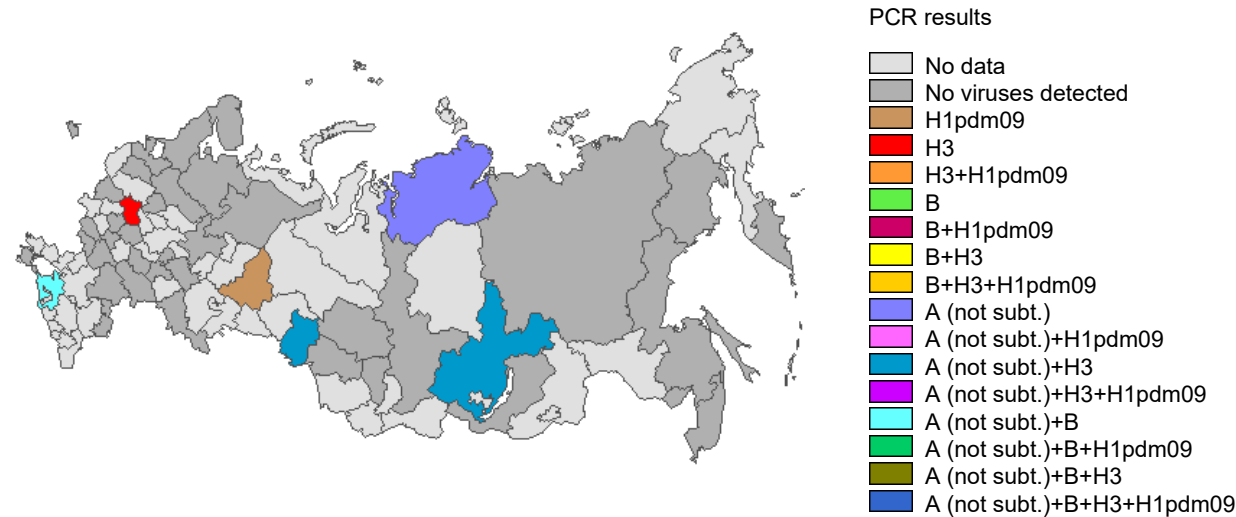


Fig. 5. Monitoring of influenza viruses detection by RT-PCR in Russia, season 2025/26

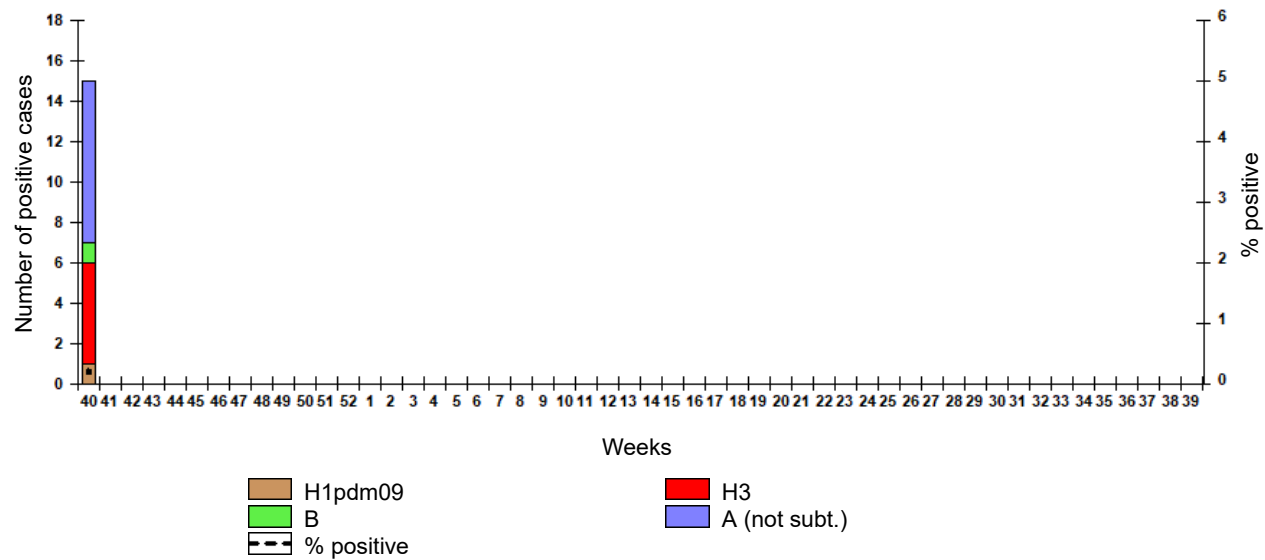
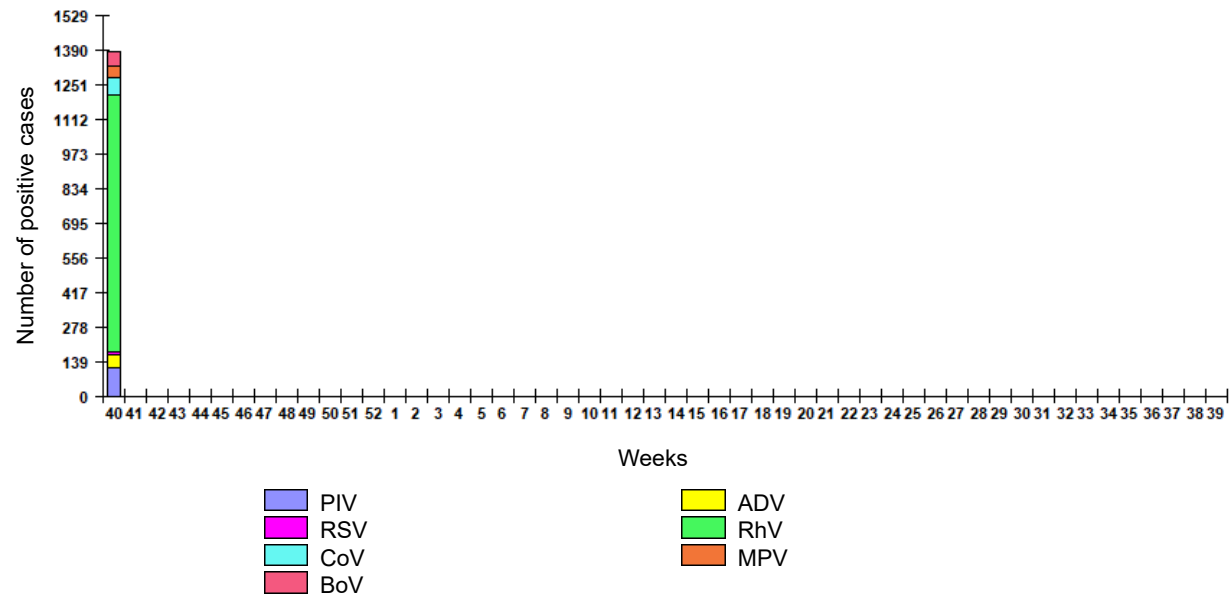


Fig. 6. Monitoring of ARVI detection by RT-PCR in Russia, season 2025/26



ARVI detections. The overall proportion of respiratory samples tested positive for other ARVI (PIV, ADV, RSV, RhV, CoV, MPV, BoV) was estimated **19.2%** of investigated samples by PCR.

Fig. 7. Monitoring of influenza viruses isolation in Russia, season 2025/26

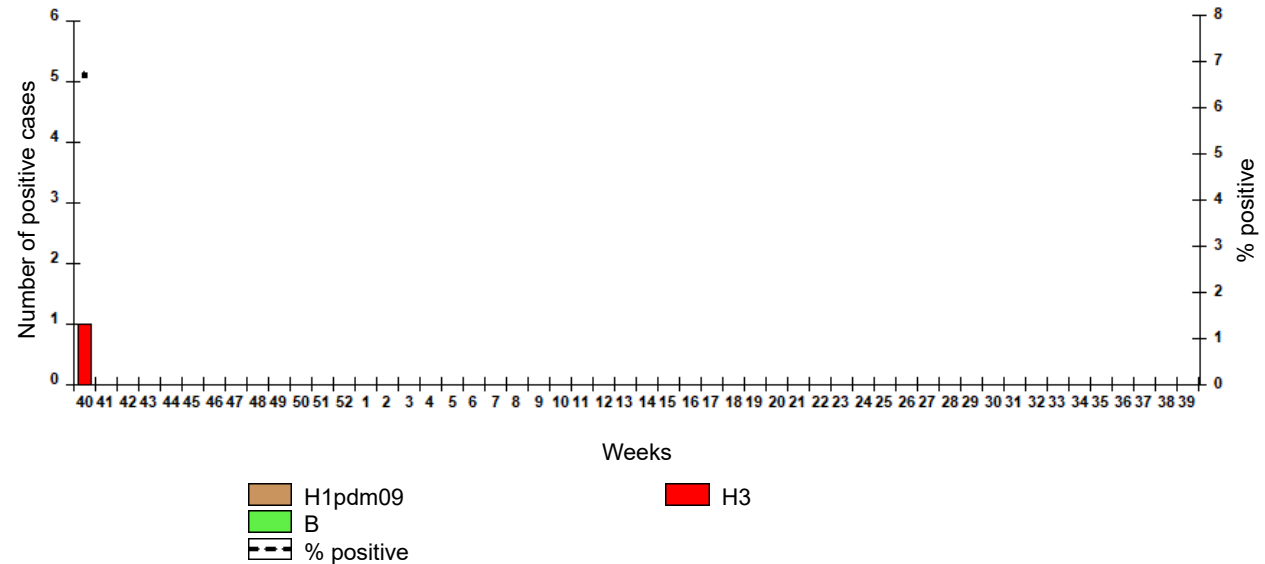


Table 1. Results of influenza and other ARVI detection by RT-PCR in Russia, week 40 of 2025

	Number of specimens / number of positive cases	% positive
<u>Influenza</u>		
Number of specimens tested for influenza	7507	-
Influenza A (not subt.)	8	0,1%
Influenza A(H1)pdm09	1	0,01%
Influenza A(H3)	5	0,07%
Influenza B	1	0,01%
All influenza	15	0,2%
<u>Other ARVI</u>		
Number of specimens tested for ARVI	7239	-
PIV	118	1,6%
ADV	53	0,7%
RSV	10	0,1%
RhV	1033	14,3%
CoV	70	1,0%
MPV	47	0,6%
BoV	57	0,8%
All ARVI	1388	19,2%
<u>SARS-CoV-2 (COVID-19)</u>		
Number of specimens tested for SARS-CoV-2	9901	-
SARS-CoV-2	384	3,9%

Fig. 8. Results of PCR detections of SARS-CoV-2 in Russia



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According to the data obtained by NIC in Saint-Petersburg totally 9901 clinical samples were PCR investigated in last week. Among them coronavirus SARS-CoV-2 was detected in 384 (3.9%) cases.

Table 2. Results of influenza viruses isolation in Russia, week 40 of 2025

	Number of specimens / number of viruses	% isolated viruses
Number of specimens	15	-
Influenza A(H1)pdm09	0	0,0%
Influenza A(H3)	1	6,7%
Influenza B	0	0,0%
All influenza	1	6,7%

Sentinel influenza surveillance

Clinical samples from 22 SARI patients were investigated by rRT-PCR for influenza, among them no positive cases were recognized. Among 22 SARI patients no positive cases of coronavirus SARS-CoV-2 were recognized. Among 22 SARI samples 5 (22.7%) cases of RhV were detected.

Among 36 ILI/ARI patients no positive cases of influenza were recognized. Among 36 ILI/ARI samples 3 (8.3%) cases of RhV infection were detected. Among 36 ILI/ARI patients no positive cases of coronavirus SARS-CoV-2 were recognized.

Fig. 9. Monitoring of influenza viruses detection by RT-PCR among SARI patients in sentinel hospitals, season 2025/26

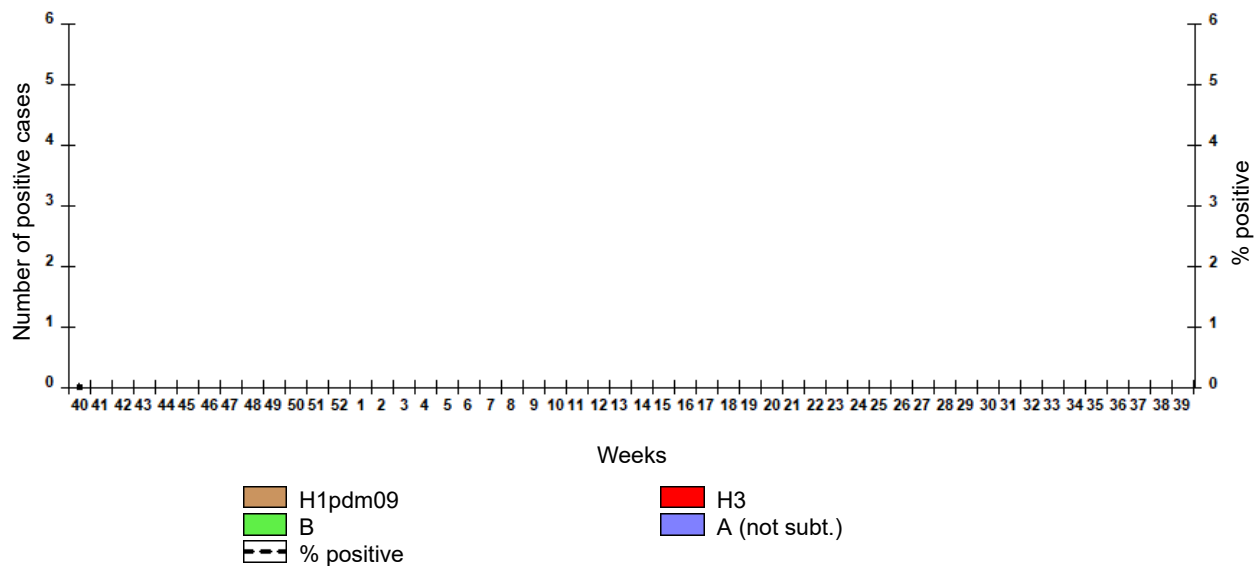


Fig. 10. Monitoring of influenza viruses detection by RT-PCR among ILI/ARI patients in sentinel polyclinics, season 2025/26

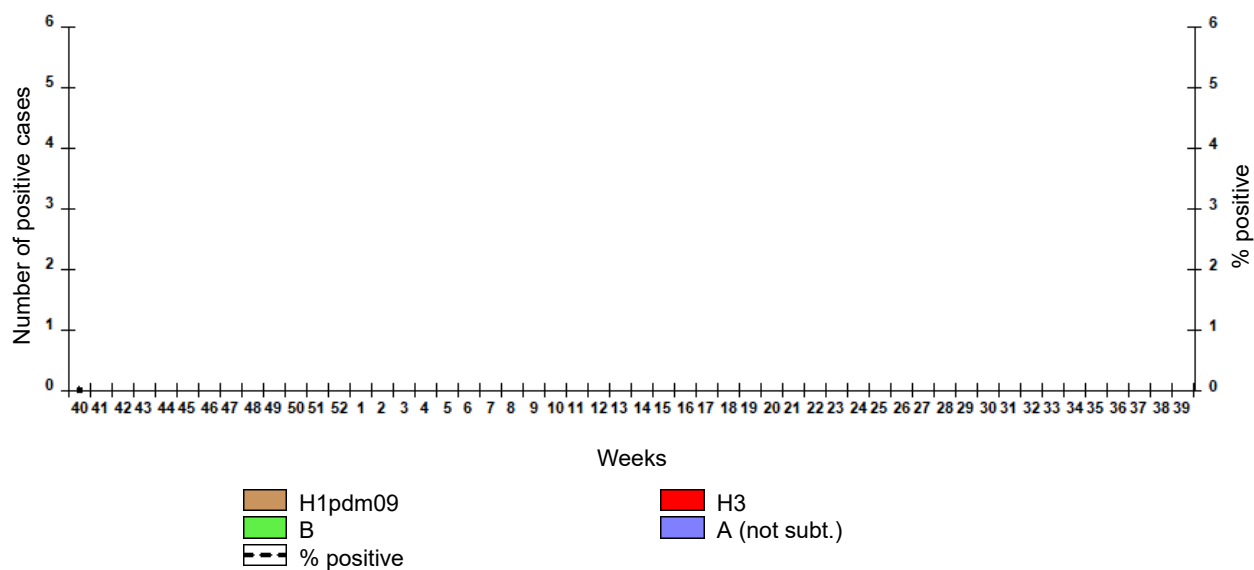


Fig. 11. Monitoring of ARVI detection by RT-PCR among SARI patients in sentinel hospitals, season 2025/26

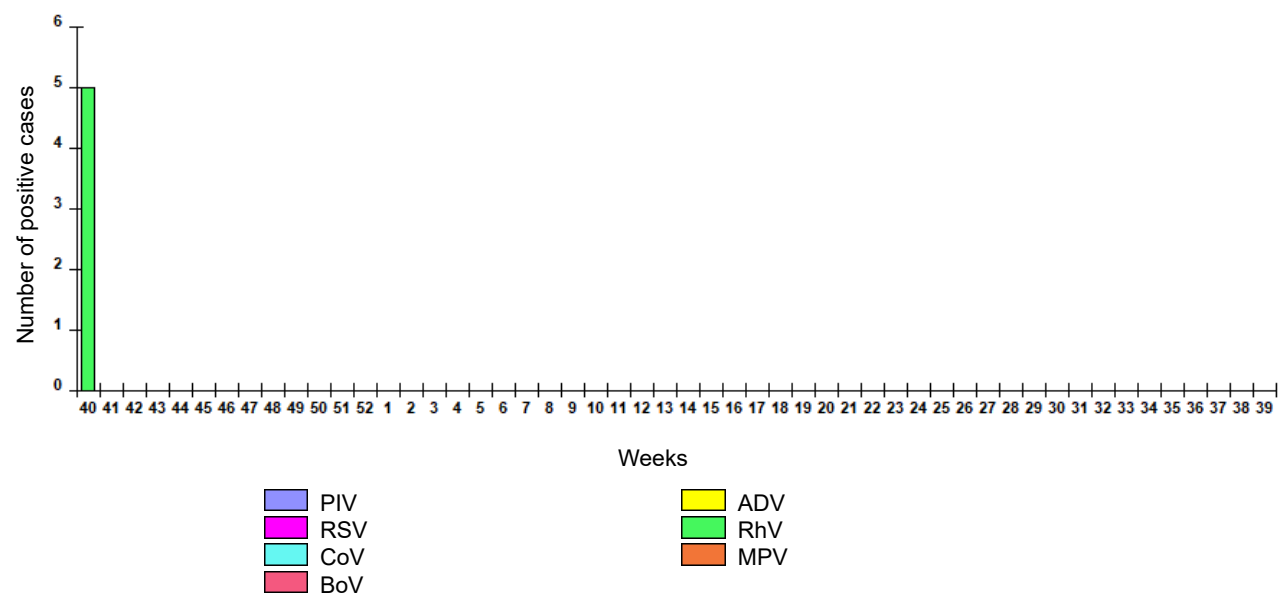


Fig. 12. Monitoring of ARVI detection by RT-PCR among ILI/ARI patients in sentinel polyclinics, season 2025/26

